



Christine Rapp Dombrowski, Ph.D.

Spiritual Coaching Packages

Complimentary Conversation 30-Minute Taking The First Steps Conversation

*Provides the opportunity to talk about how spirituality can fit into your life, various spiritual approaches & practices, which would suite your lifestyle and personal desire for a more spiritual life, and how *finding dharma* can help you begin your own, unique Soul Journey.*

Includes:

- 30-minute Introductory Conversation





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Package 1

Starting Your Soul Journey

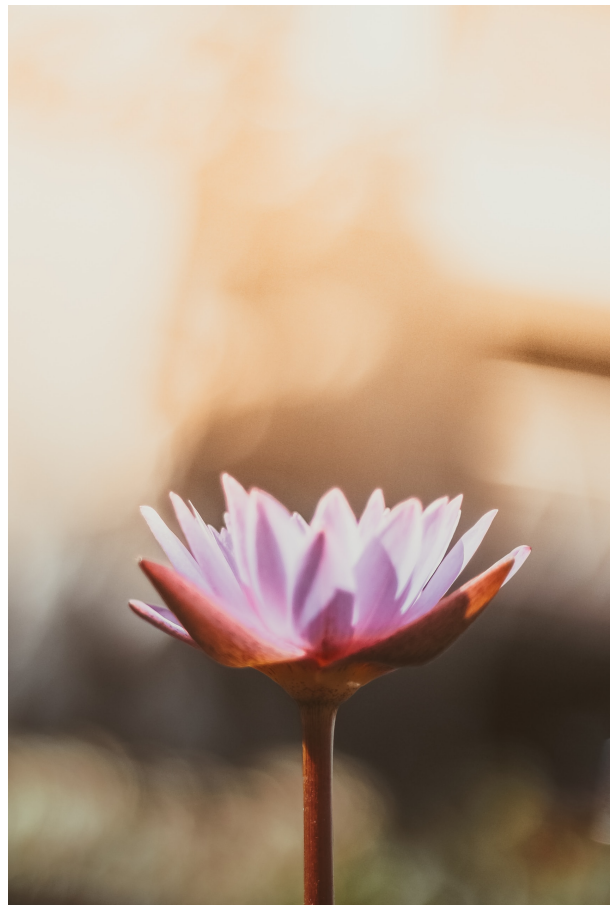
Three 60-Minute Coaching Sessions \$199

This package introduces you to key foundational practices to living a more spiritually-based life. Coaching sessions will allow you to listen to your inner voice and wisdom, to begin to act on this wisdom, and to live a life more fully from gratitude, self-love and mindfulness.

Includes:

- Three one-on-one 60-minute coaching sessions
- *Starting Your Soul Journey* Exploration Questionnaire
- *Starting Your Soul Journey* Mini-Workbook

BONUS: Channeled Intuitive Message(s)





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Spiritual Coaching Package 2

Walking Your Soul Journey

40 Days - Six 60-Minute Coaching Sessions \$349



This package guides you to delve more deeply into releasing aspects of your life, which are not serving you or where you need healing. In this 40-day program, the focus will allow you to work with your soul and define what kind of life you wish to manifest and then take steps to begin to create this life through various personalized daily practices & soul-searching exercises. Accompanied by six intuitive coaching sessions. Bonus channeled intuitive message(s), if appropriate, also complement your spiritual journey.

Includes:

- Six one-on-one 60-minute coaching sessions
- *Starting Your Soul Journey* Exploration Questionnaire
- *Walking Your Soul Journey* 40-Day Workbook
- Set of Healing Crystals
- Personalized, guided meditation

BONUS: Channeled Intuitive Message(s)



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Package 3

Living Your Soul Journey 90-Day Coaching Package \$749

This program is intended for those who have established a spiritual daily practice and who now wish to move forward and explore more deeply how to integrate specific spiritual practices or belief systems (Christian mysticism, quantum spirituality, rules of manifestation, accessing different soul dimensions, living mindfully, enhanced meditation, etc.) into their lives and spiritual practice.

Includes:

- Twelve 60-minute one-on-one coaching sessions over 90-days
- *Living Your Soul Journey* Workbook
- Set of Healing Crystals
- Personalized, guided meditations
- Customized *Living Your Soul Journey* Roadmap
- *finding dharma* journal

BONUS: Channeled Intuitive Messages

